

open House

We're Off and Running!

Tuesday, Feb 22nd @ 6pm

Bring your friends and family
and join us to celebrate our new services.

It's a evening of fun, exercise,
wine tasting and much more!

For those who want to exercise, come dressed to play.
Others, come as **YOU** are to enjoy the wine and the party!

We've done renovations and we're ready to show it off!
Join us to taste delicious wines and win great prizes.
There's plenty to offer for everyone!

R **Rausch**
Physical Therapy
& Sports Performance

RSVP

By Monday, Feb 21 to Natalie
nbarrad1@cox.net or call (949) 275-3800

WHERE

Rausch Physical Therapy & Sports Performance
28202 Cabot Road, Suite 110
Laguna Niguel, CA 92677
(949) 276-5401

wineworks
for everyone

Where can we take YOU?

AIRFIT

ALTER G
Anti-Gravity Treadmill

pilates corner

TPI
CERTIFIED
Golf Fitness Instructor

Melissa A. Mathes, MPH, RD